# The Four Outcomes

| Good Decision<br>Good Outcome | Bad Decision<br>Good Outcome |
|---|---|
| **Yay!!**<br><br>What did I do well?<br>What can I repeat? | **Got away with it!**<br><br>Danger Zone! Reinforces bad decision making. |
| **Bummer!**<br><br>I did my best.<br>Persevere with process. | **Ouch!**<br><br>I wasn't thinking ...<br>Apply processs next time. |
| Good Decision<br>Bad Outcome | Bad Decision<br>Bad Outcome |

Fill in the Box

Y = Yes

N = No

☐ I only have control over my decisions not outcomes.

☐ A good outcome means I made a good decision.

☐ Should 'our mistakes' be stepping stones to learning?